



Benefits of Personal Training on the Net for Canadian Schools

Personal Training on the Net (PTN) offers online educational resources for fitness professionals. Some of the features we provide include the world's most complete exercise library as well as articles and symposiums written by globally recognized industry experts. In addition to the exercise library and research articles, your teachers and members will be exposed to on-going educational opportunities through the major certifying bodies. Please find below a brief overview of the benefits our site will provide for your members, educators and the students of your community.

Benefits:

- Students will be well educated about the options they have regarding exercise, nutrition and overall health.
- Global experts offer exclusive content with PTontheNet allowing your teachers to provide materials they know are well-founded in science and research.
- Teachers will be able to streamline the use of their valuable time because the features are easy to access and utilize.
- The extensive exercise library provides teachers with cutting edge, scientifically based exercise principles and application techniques for any level of fitness
- Your teachers will have continuous access to the latest fitness trends and information. This will allow them to provide your student body with up to date information that keeps them on the path to success.
- Members of your organization will be easily united in their efforts through the Gym control Function. This feature allows your members to quickly share relevant information and content in one convenient place.
- Questions posed by teachers, students and members can receive quick responses on our forum page. Teachers and members will be able to post specific questions that will be reviewed and answered by PTN professional members, researchers and authors.

We applaud your vision to become a leader in the field of education! Some other educational visionaries have joined us and successfully incorporated the features of PTN into their curriculum. This has made it possible for student to feel empowered by performing their own research and applying the principles they learned into customized fitness programs. By offering PTN to your students, you will not only be giving them access to globally based fitness information, you will be creating an exposure to health and fitness principles that will have a positive impact on their lives and the lives of everyone they touch.

Below is a recent success story from a Junior High School in Alberta:

Canadian youth use web site to maintain health and fitness

The students at Father Michael Troy Junior High in Edmonton, Alberta, Canada have been enjoying their membership to PTontheNET.com. Physical Education & Fitness Instructor Rod North submitted the following photos and had these words to say: "The word has spread around the district... People are amazed by PTontheNET.com! The pictures speak volumes of the power of your site. Thank you for providing this great educational resource for our staff and students."