

Grade: 8

Physical Activity: Ultimate Frisbee

Time Period: September

GLO's and SLO's covered:

Movement	K.1.8.A.1	Recognize characteristics of selected movement skills and patterns as applied in a variety of physical activities, including net/wall and target-type activities
	K.1.8.B.3	Analyze movement concepts in net/wall activities and target-type activities
	K.1.8.C.1	Examine the reasons for rules and for adaptation of rules related to safety and risk factors of selected sports and games
	K.1.8.C.2	Show an understating of the specific terminology associated with selected sports and games including net/wall and target-type activities
	K.1.8.C.3	Describe common strategies used in various games, including net/wall and target-type activities.
	K.1.8.C.4	Set and/or review expectations for personal and group conduct regarding participation in physical activities and/or sports
	S.1.8.A.2	Perform combinations of manipulation skills applying mechanical principles on use of projectiles for control
	S.1.8.B.2	Apply functional use of selected and/or activity-specific movement skills in a variety of physical activities, including net/wall and target-type games
Safety	K.3.8.A.1	Determine safety rules, routines, and procedures related to selected physical activities, including net/wall and target-type activities
	K.3.7.A.3 ⇒ K.3.8.A.3	Justify reasons for appropriate dress for selected physical activities
	S.3.4.A.1 ⇒ S.3.8.A.1	Follow set rules and routines for safe participation and use of equipment in selected physical activities
Personal & Social Management		
	S.4.8.A.3	Demonstrate functional use of interpersonal skills that promote fair play and teamwork