

RESOURCES FOR EDUCATORS

Sexuality Education Resource Centre of Manitoba - www.serc.mb.ca/SERC/

2nd Floor, 555 Broadway Ave. 982-7800

-Provides information on sexuality, birth control, pregnancy options, STI and HIV, as well as access to other newsletters, reading lists, reports, etc.

Canadian Federation for Sexual Health - www.cfsh.ca

-Provides info on sexual health, the emergency contraceptive pill, relationship violence, and sexual communication. It also has links to other helpful sites.

RESOURCES ON THE INTERNET

www.scarleteen.com - sexual health information for youth

www.sexualityandu.ca - sexual health information for all ages

www.sxetc.org - sexual health information for people of all ages

www.reachout.com.au - mental health, body image, coming out issues and information

www.freevibe.com - drug information for youth

www.mindyourmind.ca - mental health info for youth by youth

www.cyberbullying.ca - information, resources, awareness and education

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RESOURCES FOR YOU (and/or your library)

From Chocolate to Morphine Weil, Andrew. Houghton Mifflin Co.

-Easy to read information on substances (including alcohol and tobacco) for educators.

The Sex Book Pavanel, J. Lobster Press

-An A-Z look at sexuality for youth and adults.

Deal With It! Drill, E. Pocket Books

-Information about adolescence, sexuality, feelings, drugs, and life in general - for youth.

Fat! So? Wann, M. Ten Speed Press

-A critical look at society's obsession with thinness, and information about developing a better body image.

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