

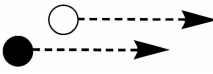



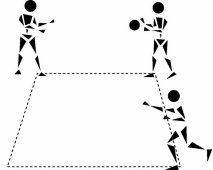
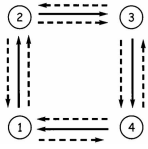
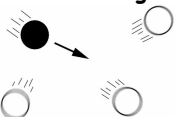

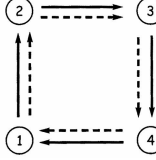

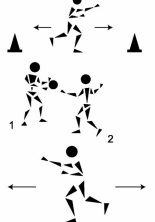
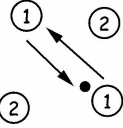
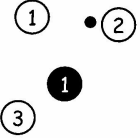
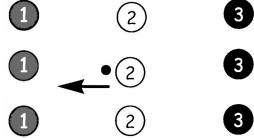


K.1.5.B.3d
 K.1.7.B.3
 K.1.7.C.3
 S.1.7.B.2

Grid Activities



Name _____ Grade _____ Date _____

<p>Knee Tag</p>  <p>One person tries to tag the partner's knee with one hand.</p>	<p>Shadows</p>  <p>Two people follow and stay within an arm's reach of each other.</p>	<p>Lose Your Shadow</p>  <p>One person stays in front and tries not to let the partner run past.</p>	<p>Stationary Pass</p>  <p>A stationary passer throws to a receiver on the move.</p>
<p>Dynamic Pass</p>  <p>A moving passer throws the ball to a stationary receiver.</p>	<p>Partner Tag</p>  <p>One person tries to tag the partner. When tagged, the players change roles.</p>	<p>Open Space</p>  <p>Each team has three players who pass a ball to the person moving into the open corner.</p>	<p>Beat the Pass</p>  <p>Players take turns passing a ball to the next person. They follow the pass and run back to their original spot. Ball → Player →</p>
<p>Frozen Tag</p>  <p>Each team has four players, with one tagger. When tagged, players freeze, with arms out, waiting for someone to go under. Switch roles every 30 seconds.</p>	<p>In the Middle</p>  <p>One player tries to pass a ball to a teammate, while the defence tries to intercept. Switch roles every 30 seconds.</p>	<p>Follow the Pass</p>  <p>Players take turns throwing to the next person, following the pass from position 1 to 4.</p>	<p>Pass and Cut</p>  <p>One player tries to pass the ball to a teammate, while the defence tries to intercept.</p>
<p>Play the Post</p>  <p>In a game of two on two, players 1 and 2 in the middle try to get the ball to their partners at the end, who can run only between the pylons.</p>	<p>Keep Away</p>  <p>In a game of two on two, players pass the ball, trying to prevent the opposition from getting it. The person with the ball can only pivot, while the others move freely.</p>	<p>3 Versus 1</p>  <p>Three players pass to each other, while the defence in the middle tries to intercept. Switch roles every 30 seconds.</p>	<p>3 Versus 3 Versus 3</p>  <p>In a game of three versus three, the middle team starts with the ball. If they score or lose possession of the ball, they take the defensive team's position.</p>

