



## RESOURCES FOR EDUCATORS

**Sexuality Education Resource Centre of Manitoba** - [www.serc.mb.ca/SERC/](http://www.serc.mb.ca/SERC/)

2nd Floor, 555 Broadway Ave. 982-7800

-Provides information on sexuality, birth control, pregnancy options, STI and HIV, as well as access to other newsletters, reading lists, reports, etc.

**Canadian Federation for Sexual Health** - [www.cfsh.ca](http://www.cfsh.ca)

-Provides info on sexual health, the emergency contraceptive pill, relationship violence, and sexual communication. It also has links to other helpful sites.

## RESOURCES ON THE INTERNET

[www.scarleteen.com](http://www.scarleteen.com) - sexual health information for youth

[www.sexualityandu.ca](http://www.sexualityandu.ca) - sexual health information for all ages

[www.sxetc.org](http://www.sxetc.org) - sexual health information for people of all ages

[www.reachout.com.au](http://www.reachout.com.au) - mental health, body image, coming out issues and information

[www.freevibe.com](http://www.freevibe.com) - drug information for youth

[www.mindyourmind.ca](http://www.mindyourmind.ca) - mental health info for youth by youth

[www.cyberbullying.ca](http://www.cyberbullying.ca) - information, resources, awareness and education

## RESOURCES FOR YOU (and/or your library)

**Our Bodies, Ourselves: A New Edition for a New Era** Simon and Schuster.

Boston Women's Health Book Collective

- A book by and for women about health and sexuality.

**The Sex Book** Pavanel, J. Lobster Press

-An A-Z look at sexuality for youth and adults.

**Deal With It!** Drill, E. Pocket Books

-Information about adolescence, sexuality, feelings, drugs, and life in general - for youth.

**Fat! So?** Wann, M. Ten Speed Press

-A critical look at society's obsession with thinness, and information about developing a better body image.