

4 Corner Soccer

Equipment:

8 – 10 soccer balls, 4 benches

Objective:

- to have each player on your team score a goal at all goals except your own, then sit down behind your bench

How to play:

- divide the class into 4 equal teams
- each team places a bench diagonally across their corner of the gym
- all players except one for each team leave their corner and must score a goal at each of the other teams' goals
- when a player finishes scoring their three goals, they return to their goal bench, and either replace their goalie (to allow her/him to go out and score their goals), or sit behind their goal bench
- when a team has all of their players sitting behind their goal bench, they yell "STOP" and all other teams stop, that round is now over.

