

Big Circle Mountain Squares

Big Circles and Small Circles

Big Circle Mountain Squares

Smooth Dancing

Descended from British Ancestry and is the Father of our Western Square Dance. The Appalachian Square Dance has an appeal all its own going from Big Circle formations to Small Circle formations.

Also called Big Set Dancing.

Traditionally done in a set of four couples, but over time has progressed to small two couple sets. The size of the room is the only limiting factor as to the number of couples in a dance.

The Footwork:

The footwork is basically a fast walk.. slow jog. Some dancers use very few foot movements while others use a great variety of foot movements.

The Swing:

We use the basic two hand walk around swing. Many variations take off from this simple start.

The Dress:

It is meant to be a sociable evening with lots of dancing so dancers wear comfortable, low heeled shoes.

The Start:

Big Circle Mountain Square Dance starts out with scattered couples and progresses through the following formations..find partners and dance small circle figures, mix with other couples ,move into large circle figures , then back to small circle figures then back to large to finish the dance. One dance can easily last 20 minutes of continuous movement.

Big Circle Calls

....*Circle Left*

...*Circle Right*

....*Single File*

**Lady in the Lead*

* *Gent in the Lead*

....*Promenade...*

....*As a couple face the center*

...*Couples to Center and Back*

....*Bow to Partner/Corner*

....*Partner Turn/Corner Turn*

....*Ladies In and Out*

....*Gents In and Out*

.... *“Pole” Turn*

....*Courtesy Turn your Lady*

Big Circle Calls

Partner Turns..

-1. *“Tree Turn” (Two hand turn)*
-2. *Rt. Hand Turn/Lt. Hand Turn*
-3. *Elbow Rt./ Elbow Lt.*
-4. *“Do-Si-Do”...Back to Back Rt.*
-5. *”See Saw”..Back to Back Lt.*

Corner Turns..

-1 . *“Tree Turn” (Two hand turn)*
-2. *Rt. Hand Turn/Lt. Hand Turn*
-3. *Elbow Rt./ Elbow Lt.*
-4. *“Do-Si-Do”...Back to Back Rt.*
-5. *“See Saw”..Back to Back Lt.*

Big Circle Calls

.... Roll Lady/ Roll Gents

....Roll Around the World

....Kings' Highway

....Queens' Highway

....Two Lane Highway

....London Bridge

....Ladies Cast Back

....Grand Basket

*.....Do-Si-Do/Roll Round the World/Turn Partner Rt./Corner
Lt./ Promenade Partner.*

.... “Yellow Rock” .(Partner Hug)

.... “Stack Up The Wood” (Corner Hug)

.... “Cheater's Swing” (Circulate and Hug new partner..Promenade)

Small Circle Calls

-1. Circle up Four*
-2. Who is Odds and Who is Evens?*
-3. Odds move on/Evens back up one.*
-4. Rt. Hand Star/Lt. Hand Star.*
-5. Cross Overs*
-6. Turn Partner/Opposite*
-7. Ladies Chain (Ladies Rt. in middle & Lt. out to Opposite Man)*
-8. Pass Through..Turn alone*
-9. Basket Swing*
-10. Mountaineer Loop*
- 11. Duck for the Oyster/Dive for the Clam.*
-12. 4 Leaf Clover*

Big Circle Figures

Circle Up FOUR

Circle Up EIGHT