

# Hoe Ana

**Type:** *Storytelling*  
**Music:** *Hoe Ana*  
**Country:** *Tahiti*  
**Steps:** *A Hand dance representing a canoe journey.*  
**Formation:** *5-6 Children kneeling/sitting as in a SEA CANOE*  
**Introduction:** *Conch Shell plus two Hoe Anas*

This dance is one of movements used to symbolize a Polynesian ancestral legend. It tells of the ancestors leaving the ancient homelands in hope of discovering new lands. The various movements in the dance represent the many parts of a journey to sea.

## Count Instructions

### Part 1

<b>1&amp;2</b>	<b><i>Palm Trees WAVING in the wind.</i></b> Sway LEFT with RT. arm curving overhead then sway RT with Lt. arm curving overhead. <i>( Arms represent the Palm leaves waving in the wind from one side to the other.)</i>
<b>3&amp;4</b>	<b><i>Canoe FLOATING peacefully.</i></b> Cross one hand over the other in front and sway from side to side.(L.R.L.R) <i>(When hands come together in front, this represents the front of the canoe floating peacefully on the water.)</i>
<b>5&amp;6</b>	<b><i>Palm Trees WAVING in the wind.</i></b> Sway LEFT with RT. arm curving overhead then sway RT with Lt. arm curving overhead.
<b>7&amp;8</b>	<b><i>Canoe FLOATING peacefully.</i></b> Cross one hand over the other in front and sway from side to side.(L.R.L.R)

### Part 2

<b>1&amp;2</b>	<b><i>Islands</i></b> Draw a circle in the air on the Left and then on the Right. <span style="float: right;">Circles should be parallel to the water.</span> <i>( The circles represent Islands which would be seen on either side of the polynesian voyageur's canoe.)</i>
<b>3&amp;4</b>	<b><i>Searching..Looking!!!</i></b> Hands in front of forehead and looking in each direction. (Lt.to Rt. Then Rt.To Lt.) <i>(This represents hands SHADING eyes looking at the horizon in search of land.)</i>
<b>5&amp;6</b>	<b><i>The Sun and The Moon</i></b> Place Rt. fist in Palm of Lt. hand and then open Rt. hand up in the air on the Rt. side. Repeat same with opposite side and hand. <i>(This represents the Sun rising in the sky on one side and the Moon rising on the other side.)</i>
<b>7&amp;8</b>	<b><i>All the Stars in the skv.</i></b> Using both hands FLICK hands open up above head in four directions. 3..1..11..9 <i>(This represents all the stars in the sky.)</i>

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## Part 3

<b>1 to 4</b>	<p style="text-align: center;"><b><i>Voyageurs paddling</i></b></p> <p>Paddle Lt 2 times then Rt. 2 times , then Lt. 2 times, then Rt. two times.  <i>(This represents paddling the canoe.)</i></p>
<b>5&amp;6</b>	<p style="text-align: center;"><b><i>Big Rolling Waves</i></b></p> <p>Fingers joined both hands and imitate waves with rolling motion of arms. 2 rolls to the Lt. and 2 rolls to the right.  <i>(This represents the canoe going over BIG WAVES)</i></p>
<b>7&amp;8</b>	<p style="text-align: center;"><b><i>Surf going out and in.</i></b></p> <p>Both hands push water forward and pull water back toward the canoe. Surf out and in twice.  <i>(This represents the surf going out and coming in.)</i></p>

## Part 4 Quick Time

<b>1 to 4</b>	<p style="text-align: center;"><b><i>Voyageurs paddling</i></b></p> <p>Paddle Lt 2 times then Rt. 2 times , then Lt. 2 times, then Rt. two times.  <i>(This represents paddling the canoe quickly towards land..)</i></p>
<b>5&amp;6</b>	<p style="text-align: center;"><b><i>Splashes</i></b></p> <p>Both hands flick water to symbolize splashing. 4times  <i>(This represents splashing water.)</i></p>
<b>7&amp;8</b>	<p style="text-align: center;"><b><i>Dive and clap</i></b></p> <p>Both hands raise up and go down and raise up to finish clapping two times.  <i>(This represents diving into the water and surfacing.)</i></p>

Begin dance again at Part 1 and repeat all of dance a second time.