



## May 2011

### 1. After The School Bell Rings

Recreation Connections Manitoba and Green Action Centre are working together on a provincial initiative 'After The School Bell Rings: A Manitoba After School Recreation Project'. The project, funded through the Public Health Agency of Canada and the Province of Manitoba until March 2013, will promote and support increased access and opportunities for children and youth, ages 6-12 years, to engage in physical activity and healthy living practices in the critical after school time period. The project will include pilot project funding; resource development; training opportunities; and communication strategies directed at increasing physical activity, healthy eating and active transportation in after school programs.

For more information on the project, please visit our web site at [www.afterschoolmanitoba.ca](http://www.afterschoolmanitoba.ca) or contact Roy Mulligan, Project Coordinator at Rec Connections Manitoba @ (204)925-5751 or [reconnections.pro@sportmanitoba.ca](mailto:reconnections.pro@sportmanitoba.ca).



### 2. Don't use your brain for breaks!

As part of the 2011 Helmet Safety Program, the Sport Medicine & Science Council of Manitoba is offering presentations regarding injury prevention and helmet safety! Wearing a helmet reduces your risk of a head injury by 85%!

Presentations can be booked for individual classrooms or large groups by contacting Tamra Irwin @ 204-925-5750 or [helmet.safety@sportmanitoba.ca](mailto:helmet.safety@sportmanitoba.ca)

**Spots fill up fast! Book your FREE presentation TODAY!**



### 3. MPETA Office Closed

Please note that the MPETA office will be closed from **Monday June 6<sup>th</sup> until Tuesday June 14<sup>th</sup>**.

### 4. Run 2 Finish Huntington Disease

Hello PE teachers and Marathon Club Leaders: The Huntington's Society of Manitoba, a group I volunteer with, is putting on a run June 11 at Kildonan Park. In preparation for the marathon, this may be a good event for your students as it is only \$5 and comes with a pancake breakfast. Please see the [brochure](#) and contact me at 204-254-0124 or [jeffrey.bowes@lrtd.net](mailto:jeffrey.bowes@lrtd.net) if you need more info. Thanks, Jeff Bowes, Physical Education - Samuel Burland School

## 5. **Renewal of the Canadian Sport Policy - All Manitobans Can Have Their Say by Participating in an On Line Survey Today!**

The current Canadian Sport Policy has provided a powerful vision for the development and delivery of all levels of sport in Canada. The federal and provincial/territorial Ministers responsible for sport are asking all Canadians to have their input into its renewal in 2012 through their participation in an online survey.

Now is the time for both the public as well as the sport communities in Manitoba to help build a shared policy that reflects the sport they want in Canada. The vision of the renewed policy will lay the foundation and goals which the partners in sport will focus over the next ten years.

**To take the Canadian Sport Policy survey online, please go to**

**<http://www.sirc.ca/csprenewal/mb.cfm> and click on Canadian Sport Policy Survey, "How Can You Contribute?"**

For more information please contact: Rick Lambert | Director of Community Development @ Sport Manitoba | 145 Pacific Avenue | Winnipeg MB R3B 2Z6, P: 204.925.5901

[rick.lambert@sportmanitoba.ca](mailto:rick.lambert@sportmanitoba.ca) | [www.sportmanitoba.ca](http://www.sportmanitoba.ca)

## 6. **2010-2011 MPETA Awards!**

Each year, MPETA presents a number of awards to recognize outstanding contributions to physical education in the province of Manitoba! MPETA believes it is a priority to recognize excellence in the field by honouring these distinguished individuals and organizations for their significant achievements in the previous school year.

Do you know someone who should be recognized for their outstanding contributions? Nominate someone special by **September 14, 2011!** → [Nomination Form](#)

## 7. **No Bully Zone – Don't forget to order your resources!**

**MPETA and 'The NO BULLY ZONE' have partnered together** to extend special offers and create greater awareness of these anti-bullying resources available at [www.nobullyzone.com](http://www.nobullyzone.com). The multimedia "No Bully Zone Workshop", "Safe Schools Challenge Video Game Show" and free activities package can now all be downloaded directly to your desktop!

**MPETA members save \$20** (non-members save \$5) off of the special \$49 price when ordering online using unique MPETA discount code. Contact Katja Smutny at 926-8357 or [mpeta@sportmanitoba.ca](mailto:mpeta@sportmanitoba.ca) for unique discount codes.

For more information, look for this link on our website! →



**1. Learn to Kayak this summer!**

The *Manitoba Paddling Association* invites you to Learn to Kayak this summer with lessons & programs at The Manitoba Canoe & Kayak Centre - 80 Churchill Drive in Winnipeg. You will have the option to sign up for an “Intro to Kayaking Clinic” or a “Kayak Sports Camp”.

For more information, and to sign up, call Daniel at 204-925-5678 or visit [www.mpa.mb.ca](http://www.mpa.mb.ca).



**2. Kids of Steel**

*Triathlon Manitoba* invites you to their Kids of Steel event, which begins in June. The series of races are geared towards children between the ages of 6 and 15. The object of our events is participation and fun! The TriFactor Family Duathlon to be held on June 5th at Kildonan Park is another excellent beginner event for kids to try.

Visit our website, [www.triathlon.mb.ca](http://www.triathlon.mb.ca), for complete information.