



October 2011

1. 2011 SAG – ‘iPlay’

The deadline to register for SAG is fast approaching! If you have not yet registered, please do so by **October 7th**!

→ [SAG Registration form](#)



2. 2011 TUCK Workshop – Health Education = Lifelong Participation!

The registration deadline for TUCK is also October 7th! [Click here](#) to view the sessions and to register.

3. 2011 MPETA Awards Ceremony

The 2011 MPETA Awards ceremony for the 2010-2011 school year will take place on Thursday evening, October 20, 2011 in the library at Maples Collegiate, beginning at 7:30 pm. For more information, [click here](#).

4. THE CAL BOTTERILL LECTURE

The annual *Cal Botterill Lecture* will be held on October 12 from 6:00 to 8:30 pm at the University of Winnipeg. This year's presentation will feature:

Dr. Paul Estabrooks – Five steps to getting people to be more active and stick with it.

Dr. Maureen Weiss – Promoting positive youth development through sport and physical activity

Admission is FREE.

*Please [click here](#) for more information.

5. Manitoba Addictions Awareness Week

The new Manitoba Partners for Addictions Awareness (MPAA) website is now live. This group oversees Manitoba Addictions Awareness Week (MAAW) which is featured [this newsletter](#). Please note the funding deadline (Oct. 7) for addictions awareness activities (do not need to fall during the MAAW week Nov. 13-19). If interested, the launch is at the Art Gallery November 14th at 11 am and the theme this year is *Balancing Your Life*.

6. Everyone Jump 2011/2012 - Register now

Everyone Jump is a school-based diabetes awareness and prevention program for Grades 1-6 that teaches students about the importance of regular physical activity and healthy eating to prevent type 2 diabetes. It includes an Educational Challenges and opportunities to win prizes including an Everyone

Jump Concert for the whole school. For more information and to register for this free resource visit www.everyonejump.ca

7. No Bully Zone Resources

Don't forget to order your resources! MPETA and 'The NO BULLY ZONE' have partnered together to extend special offers and create greater awareness of these anti-bullying resources available at www.nobullyzone.com. The multimedia "No Bully Zone Workshop", "Safe Schools Challenge Video Game Show" and free activities package can now all be downloaded directly to your desktop!

MPETA members save \$20 (non-members save \$5) off of the special \$49 price when ordering online using unique MPETA discount code. Contact the MPETA office at 926-8357 or mpeta@sportmanitoba.ca for unique discount codes.

PSO CORNER



1. Badminton

The Manitoba Badminton Association (MBA) is proud to once again host the *Developmental Winter Programs* (DWP) for Youth and Adults in the South Central and South East area of Winnipeg. Programs are held in High School and Junior High Schools and are run by Certified MBA Coaches! Find out more at www.badminton.mb.ca

MBA is also hosting its annual Official's Clinic on October 15, 2011 at Sport 4 Life Center (S4LC) and Winnipeg Winter Club (WWC). Registration is only \$30.00 for Non MBA Members and that includes a review of the laws of badminton, the official's exam, lunch and practical umpire training at the WWC. Find out more at www.badminton.mb.ca

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Active Kids. Healthy Future.